

CARE OPTIONS Network

Network Newsletter
August, 30 2010



OPENING IN SEPTEMBER!

Seasons at Maplewood offers an ideal East Metro location near HealthEast St. John's Hospital, Maplewood Mall, Ramsey County Library & Café, and close to parks, and a picturesque nature center with trails, lakes and wetlands.

Independent Living, Assisted Living, Memory Care and Enhanced Care

Seasons at Maplewood is designed to help seniors live a fulfilling lifestyle they want and deserve – yet affords their family the peace of mind they count on at this season of life. This community is scheduled to open in September with 120 independent-living rental apartment homes, as well as 30 additional residences for seniors requiring 24-hour enhanced assisted living or memory care services. There are also a variety of common spaces, personal services and personalized care options, all designed to promote wellness.

**Save the date for a Sneak Peek Event
for aging services professionals!
Thursday, September 23rd**

Come in the morning between 7:30-9:30

~or~

Afternoon between 3:30-5:30

Please call Hope at **651-756-1859**
for more information.

www.seasonsmaplewood.com



Peaceful Mind Homes Now Open in Rosemount

*Memory Care, Assisted Living Residential Homes
Now Open in Rosemount, MN
Located at the border of
Eagan, Apple Valley and Rosemount*

Peaceful Mind Homes – provides professional memory care services to seniors in luxury homes. Our vision is to **“keep seniors in the neighborhoods they helped build”** and to make a positive impact in the lives of those with memory loss.

We are located in a premier, quiet, acreage residential neighborhood with convenient accesses to 35E, 77 and Hwy 3. We provide one level living in our homey, cozy and brightly-lit rambler. The home is newly remodeled and provides a warm, welcoming and elegant living for six seniors. We have a beautiful wheel chair accessible ramp and roll in showers. The home boasts a ½ mile walking trail around the front yard.

We provide assistance with ADL's, home cooked meals, nutritious snacks, medication administration, individualized activities program, book club/book reading, music and aroma therapy, yoga and meditation. Peaceful Mind Homes provides a RN on-call 24/7 with daily visits. The RN is onsite every day to provide health monitoring and care management for our seniors.

We are able to assist with diverse clinical needs such as: Insulin management, Sliding Scale Diabetes; Wound care; Parkinson's; Trach care; Tube Feeding, Catheter Care, Multiple Sclerosis, Dementia Care and much more.

Please contact **Kam Aggarwal** at **(651) 538-4499**
or kam@peacefulmindhomes.com
with referrals / schedule a tour.



Peaceful Mind Homes
12591 Shannon Parkway
Rosemount, MN 55068
Phone: (651) 538-4499
www.peacefulmindhomes.com

Please Submit Articles to: networknews@voamn.org

CLASS Act of Health Reform Bill encourages employers to provide long-term care

Government sources estimate that 70 percent of Americans over age 65 will need long-term care. On March 23, the federal government signed a remedy to this growing demand, the Patient Protection and Affordable Care Act.

The act includes a provision entitled “Community Living Assistance Services and Supports”, commonly referred to as the CLASS Act. Between 2013 and 2014, employers who **choose** to participate will begin incorporating the coverage provisions into their employee benefits plans.

“Government programs encourage the right behaviors,” says Newman. “But they aren’t intended to cover **all** of someone’s long-term care needs so we must each plan for our individual situations.”

For more information about the CLASS Act, Minnesota’s Partnership Program and Newman Long Term Care, visit www.classactinformation.com.



Debra C. Newman is a pioneer of the long term care insurance industry and founder of Newman Long Term Care – one of the largest long-term care marketing

organizations in the country. She can be reached at debn@newmanltc.com.



Is GPS now a practical solution to combating “WANDERING” ?

GPS has been around since 1973

Many eyes have been on GPS as a potential tool **for wandering Alzheimer’s patients** to use as personal locator devices for years. Many have asked: Why can’t we integrate GPS technology with mapping programs and digital wireless gadgets that could receive signals from satellites to tell users where they are...? Recently GPS receivers have overcome several hurdles to being considered a viable solution. They are cheaper, smaller, and more accurate (making them more accessible and personal).

One such personal system will be available in October 2010



The device is worn as a basic wrist watch. Using GPS mapping software and cell phone networks, the GPS system alerts caretakers when an Alzheimer’s patient has wandered out of a pre-designated area (also referred to as a “geo-fence”). Users can place cellular voice calls to pre-defined numbers (e.g. a relative or a health professional) or receive calls from anyone. When a call is made to a monitoring center, a pre-defined SMS message can be sent automatically to a relative. Incoming calls can be screened and/or answered automatically.

We are looking for Alzheimer’s Caregivers interested in testing this system

We realize that using GPS devices to track loved ones is considered to be somewhat controversial for a number of reasons. Now that the first barriers have been hurdled, we hope to learn about other potential hurdles and solutions in cooperation with those dealing with Alzheimer’s sufferers. If interested, please contact us at:

952.405.6102 or visit AgeRightRetrofit.com